



Utah Department of Corrections
**Sex Offender Treatment
Program Developments**

Since 4/3/2017



Changes in Leadership

- SOTP Administrator relieved and reassigned on 3/17/17
- Deputy Warden of Treatment Programs overseeing day-to-day operations



SOTP Core Values

- Achievement
- Commitment
- Engagement



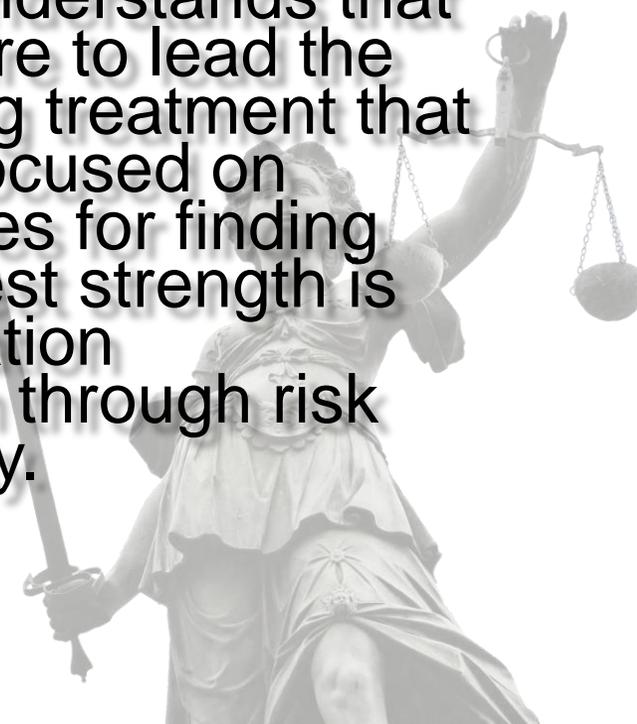
SOTP Ethos

- An evidence-based practice program representative of character, competence, and excellence; ready to provide prompt and sustained treatment to offender, family and community.



SOTP Philosophy

- Resolve is committed to encouraging every offender in treatment to be an active member in planning his individual course of treatment. Resolve staff assists the offender in building on his current strengths to continue his journey employing evidence-based cognitive-behavioral approaches combined with relapse prevention techniques to reduce risk and recidivism. Resolve understands that each offender is unique in his needs, goals, and desire to lead the treatment process. Resolve is committed to providing treatment that is grounded in evidence-based treatment practices focused on helping offenders define their own goals and strategies for finding purpose and meaning in their lives. Resolve's greatest strength is through establishing community and family re-integration relationships while creating a healthy support system through risk reduction and increasing public and community safety.



New SOTP Evidence-Based Programs

- Pre-Treatment (Preparing for Change – Change Companies) – 6 months
- Low Risk (Paths to Wellness and Facing the Shadows) – 6 to 12 months
- Core (NAVCONBRIG) – 24 months
- Intellectually Disabled/Cognitively Impaired (Good Lives Model – GLM) – 18 months
- Aftercare/Follow-Up (NAVCONBRIG) – Up to 6 months
- Spanish-Speaking Program (Ventura/Paso A Paso)



Program Review

- A Facility/Program Review Tool has been developed
 - Tool to be utilized to review and measure program effectiveness, treatment efficacy in the reduction of risk
 - Standardization of SOTPs



SOTP Position Revisions

- The following positional duties and responsibilities have been revised:
 - Treatment Administrator
 - Psychologist
 - Licensed Clinical Therapist
- Redefined duties and responsibilities of “work from home LCT”
 - 2 weekly treatment groups
 - Caseload of 8 offenders
 - Psych tech supervisor



Schedule Bifurcation

- Bifurcated staff schedule is being developed to offer SOTP services seven days a week
- Services will be provided until 8pm Monday through Friday and until 4pm on Saturday and Sunday



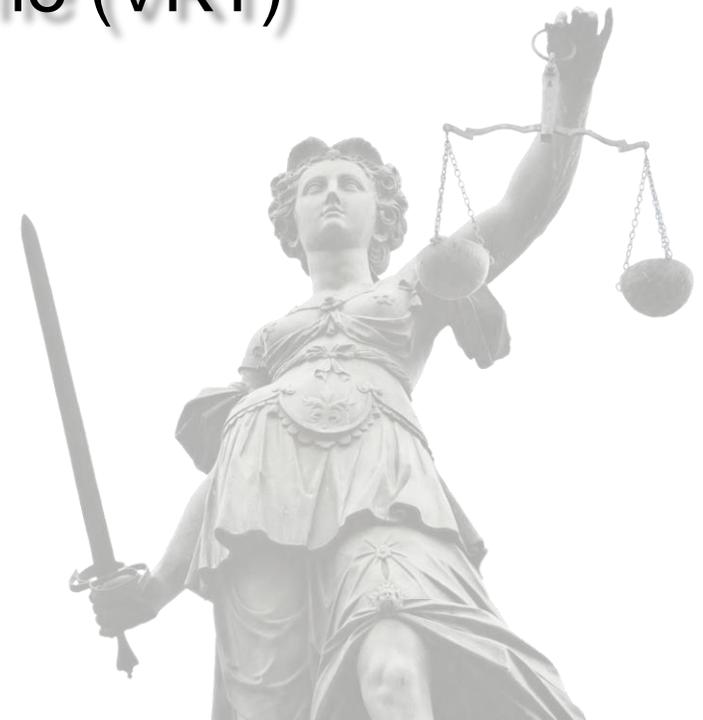
Pre-Treatment

- Preparing for Change (Change Companies)
 - Set to begin on June 1, 2017 at Promontory and CUCF (80 offenders)
 - 6-month EBP
 - Required completion for admission into Core SOTP



Sexual Interests/Arousal Testing

- Plan to discontinue the use of the Penile Plethysmograph (PPG) as of 6/30/17
- Considering the use of the Abel Assessment for Sexual Interests 3 (AASI-3) and the Visual Reaction Time (VRT)
 - Less invasive
 - Empirically validated
 - Reduces testing administration time by 50%
 - Fraction of the cost of the PPG



Admission/Suspension & Expulsion Procedures

- New procedures will begin on June 1, 2017
 - Instituting a 30-day suspension for program violations
 - Instituting a 90-day removal for major and repeated program violations
 - Change in program reapplication procedures
- Waitlist and expulsion reduction



Use of Time

- Streamlined weekly staff meetings
 - Recovered 10 additional hours per month



SOTP Services

- Core Program – 24 months
- 10-12 hours of services per week
- Program minimum – 780 hours



Training

- Developed annual staff training schedule



Individual Tx Plans

- Creating and instituting individual treatment plans
 - Pre-Treatment
 - Core
 - Aftercare/Follow-Up
- 90-Day Staffing/Review



Electronic Notes

- Group and individual notes being developed for Webtrack
- Treatment Plans
 - Provider review every 30 days
 - Quarterly BOPP report eliminates redundancy

